
KINGS HARBOR MULTICARE CENTER

Kings Harbor Multicare Center Announces New "Breath for Life" Pulmonary Rehabilitation Program

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Contact: Maryellen Scanlon, Director of Public Relations
718.405.3634
Marketing@kingsharbor.com

Kings Harbor Multicare Center (www.KingsHarbor.com), a 720 bed sub-acute rehabilitation center and long-term care facility located in the Pelham Gardens section of the Northeast Bronx, announced today "Breath for Life," a new pulmonary rehabilitation program created for patients with shortness of breath.

Emphysema (or COPD, chronic obstructive pulmonary disease) along with many other conditions such as lung cancer, sleep apnea, congestive heart failure, pulmonary fibrosis, asbestosis and other diseases can leave patients short of breath, and thus unable to take care of their own needs. After a hospitalization for this problem, or for any other unrelated problem, they may be less equipped to function at home. Kings Harbor can now serve as an intermediary step helping to transition patients back to their homes with added assurances due to this new program.

Under the supervision of a Pulmonologist, a primary care physician follows each patient. They receive physical and occupational therapy geared to their respiratory diseases, along with counseling and recreational therapy which help them function at their maximal level.

Kings Harbor recognized a substantial need in the community and acted on it. It is the first facility in the Bronx that specifically caters to patients with respiratory issues. The program helps patients feel better, improves the quality of their lives, improves coping skills, and teaches patients and their families about their diseases and how to work around their limitations.

Dr. Roy J. Goldberg, Medical Director of Kings Harbor, stated, "This new community initiative will be a great added benefit for patients in the Bronx. Previously these patients would have needed to go to Westchester or Manhattan for similar services but can now obtain them close to home, near family and loved ones."

Other current innovative programs at Kings Harbor include:

- A stroke rehabilitation program
- A specially trained wound care program
- An award-winning falls prevention program
- An award-winning transportation program for family members and friends
- An in-house dialysis unit.

Kings Harbor Multicare Center is the location future Geriatricians from the Montefiore Medical Center obtain all their long-term care experience, and is a site for the training of Geriatric Fellows from the Our Lady of Mercy Medical Center, and a training site for Geriatrics for medical students from the Albert Einstein College of Medicine. Its three-building campus with surrounding gardens ensures that residents with similar needs and capabilities are placed together. The Kings Harbor health team works towards a common goal- to help residents achieve and maintain their optimum functioning within an atmosphere of comfort and dignity.

For additional information: www.KingsHarbor.com